



North Shore Gastroenterology Associates, P.C.
233 East Shore Road, Suite 101
Great Neck, New York 11023
Phone: 516-487-2444
Fax: 516-487-2446
www.northshoregastro.com

CLEAR LIQUID DIET – COLONOSCOPY PREP

YOU MAY HAVE ONLY THE FOLLOWING:

Water
Seltzer
Apple Juice
White Grape Juice
Sprite
Ginger Ale
Bouillon or Clear Broth
Gatorade (**NOT RED**)
Italian Ice (**NOT RED**)
Plain Jello (**NOT RED**)
Black Coffee or Tea (**NO MILK OR CREAMER**)
Gum (**DAY BEFORE PROCEDURE ONLY**)

THE FOLLOWING ALSO APPLIES:

YOU MAY NOT HAVE ANY SOLID FOOD
NO ALCOHOL
NO LEMONADE
NO MILK OR MILK PRODUCTS