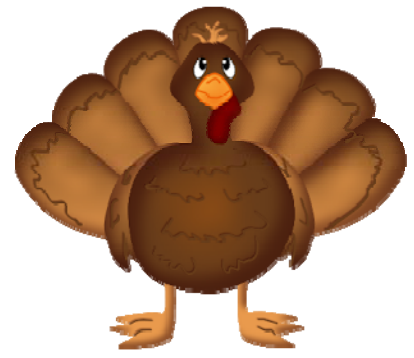


*thanksgiving*  
**FOOD DRIVE**



# North Shore Gastro Annual Thanksgiving Food and Fund Drive

Donate non-perishable food items this fall to help feed the local community. Donations will be collected in Suite 101 October 19<sup>th</sup> - November 16<sup>th</sup>. Proceeds benefit Island Harvest Food Bank, a leading hunger-relief organization that provides food and other resources to people in need through efficient food collection and distribution; enhanced hunger-awareness and nutrition-education programs; job training; and direct services.



**MOST NEEDED ITEMS:**

- (no glass jars, please)
- Peanut Butter
- Canned Tuna/Chicken
- Whole Grain Pasta and Rice
- Cereal
- Dried Beans
- Canned Fruits (in own juice)
- Canned Vegetables
- Reduced-Sodium Soup
- Pasta Sauce

Prefer to give online?

Visit Island Harvest Food Bank's website at

**WWW.ISLANDHARVEST.ORG**

