

## CLEAR LIQUID DIET – COLONOSCOPY PREP

### YOU MAY HAVE ONLY THE FOLLOWING:

Water  
Seltzer  
Apple Juice  
White Grape Juice  
Sprite  
Ginger Ale  
Bouillon or Clear Broth  
Gatorade (**NOT RED**)  
Italian Ice (**NOT RED**)  
Plain Jello (**NOT RED**)  
Black Coffee or Tea (**NO MILK OR CREAMER**)  
Gum (**DAY BEFORE PROCEDURE ONLY**)

### THE FOLLOWING ALSO APPLIES:

YOU MAY NOT HAVE ANY SOLID FOOD  
NO ALCOHOL  
NO LEMONADE  
NO MILK OR MILK PRODUCTS